



RECOVERY SUPPORT INFORMATION

Suicide Prevention Lifeline 1-800 273-8255

Rebel Recovery – <https://www.rebelrecoveryfl.com/>

Florida Association of Recovery Residences – <https://farronline.org>

Project COPE – Family Support group for families that are affected by a loved one with a substance use disorder <https://hanleyfoundation.org/events/project-cope/>

GRASP – Grief Recovery After Substance Passing www.grasphelp.org

Medicated Assisted Treatment - <https://samhsa.gov/medication-assisted-treatment>

Alcoholics Anonymous <http://aa-intergroup.org/directory.php>

<https://www.aaonlinemeeting.net/>

MARA – <https://www.mara-international.org/zoommeetings>

Nar-Anon – <https://www.na.org:443/meetingsearch/text-results.php?country=Web&state&city&zip&street&within=5&day=0&lang&orderby=distance>

Smart Recovery <https://www.smartrecovery.org/community/calendar.php>

Ala-Teen <https://al-anon.org/al-anon-meetings/electronic-meetings/>

<https://refugerecovery.org/meetings>

Dharma Recovery meeting list <https://recoverydharma.org/meeting>

Face It Together - <https://www.wefaceittogether.org/groups>

[Events.baptisthealth.net](https://www.baptisthealth.net/events) – virtual daily exercise, yoga, Zumba, boot camp, meditation, mindfulness etc. classes

<https://lnkd.in/eqshPPr> – free virtual support webinars

Face It TOGETHER is hosting online groups for those struggling with addiction and for loved ones.

Additionally, all Face It TOGETHER coaching – individual and group – is free through May 31. We can face it better, together.

<https://www.wefaceittogether.org/groups>

<https://drkjfoster.org/online-recovery-meetings37238593> from Dr. KJ Foster of Fostering Resilience FREE daily online recovery meetings.

They are open to individuals AND their family members who are seeking to overcome substance abuse, addiction or codependency issues and those who have already successfully achieved recovery.

Mecca Farms <http://www.tropicallanddesign.com> \$10 Food boxes

Palm Beach County Food Bank – Food Recovery and Distribution Agencies
www.pbcfoodbank.org

Feeding Florida – <https://www.feedingflorida.org>

Meals for Kids – <https://summerbreakspot.freshfromflorida.com>

Or text FLKIDSMEALS to 211 to find closest participating summer break spot location with meals available.

Free Pet Food Humane Society of Broward County

Free Mental Health online appts. at Whole Health Psychological Center 561-721-6400

Connections by CHESS Health App – free evidence based mobile app proven to provide ongoing support and relapse prevention to people recovering from substance use disorders

National Council for Behavioral Health: <https://www.thenationalcouncil.org>

Mental Health First Aid – <https://www.mentalhealthfirstaid.org> – advice on helping others, as well as ourselves with depression, anxiety and other mental health disorders.

Florida Addiction Professionals Networking & Referral Association FB page offers free online support groups for anyone in Recovery from drugs and alcohol

Virtual support group for Addiction: by Stepping Stone – Rehab Program on FB and Lakeview Health – Addiction Treatment Center - F.A.C.E. Addiction (Family and Community Education for Addiction): Contact Rex Taylor at 904-755-4997

RecoveryLink Digital Recovery Supports including recovery meeting , a recovery yoga, a recovery bootcamp etc. <https://myrecoverylink.com/digital-recovery>