



The HUB

A Recovery Community Center

Life Skills – Downloadable Resource List

- GED information, college enrollment assistance, grants information – <https://ged.com/>
- Resume building – <https://www.myperfectresume.com/>
- Job search assistance.
<https://www.indeed.com/career-advice/finding-a-job/job-hunting-tips>
- Interview skills.
<https://www.thebalancecareers.com/job-interview-skills-to-get-hired-4138625>
- Food stamp assistance – <https://www.myflfamilies.com/>
- Budgeting. https://www.youtube.com/channel/UCL8w_A8p8P1HWI3k6PR5Z6w
- General nutritional information – <https://www.nutrition.gov/>
- Buss pass information – <http://discover.pbcgov.org/Pages/default.aspx>
- Necessary clothing/clothing for interviews – Habitat for humanity, Salvation Army. <https://palmbeaches.dressforsuccess.org/> – 561-249-3898
- Assistance starting a bank account – <https://checkingexpert.com/>
- Small amounts of food for those in need – <https://www.foodpantries.org/>
- State of Florida ID/License information – <https://www.flhsmv.gov/>

Disclaimer – The Palm Beach County HUB does not endorse or affiliate with any substance use treatment center or mental healthcare provider or facility. At the time of this publication all of the associated links were current and working.